Indiana Burn Fact Sheet

Burns Defined:

- According to the International Society for Burn Injuries, a burn occurs when some or all of the different layers of cells in the skin are destroyed by a hot liquid (scald), a hot solid (contact burns) or a flame (flame burns).
- Skin injuries due to ultraviolet radiation, radioactivity, electricity or chemicals, as well as respiratory damage resulting from smoke inhalation, are also considered to be burns.
- Includes injury from fire and flames and from hot objects and substances. Examples include smoke inhalation, structural fires, clothing ignition, burns caused by hot liquids and steam, caustics and corrosives.

Causes of Burns

- Residential fires accounted for 76% of fire-related injuries and 79% of fire-related deaths in 2002 (CDC, 2004). Cooking is the primary cause for residential fires.
- Scalds are a frequent cause of burn injuries in children; most occur in the h ome as a result of hot food & beverage preparation or from hot water in sinks, bathtubs, & showers.
 Scalds can also occur from the result of steam or hot grease exposure.
- Smoking: In 2004, there were 92 burn-related deaths in Indiana caused by smoking.
- 2009 firework-related injuries reported to ISDH: Half (58/116) involved children & adolescents (18 years of age & under), who represent 25% of Indiana's population (2007 Census data).

Burn Prevention:

- Raising or enclosing cooking areas
- Electrification to reduce dependence on candles and kerosene
- Safe stove design
- Improved house construction

Prevention Works:

For every \$1 spent on a smoke alarm \$69 in fire related costs and \$21 in direct medical costs are saved (Source: Safe Kids)

Indiana Burn Facts:

- Between 2003 and 2006, fire/burn-related injuries were the 5th leading cause of death for Indiana residents, claiming 369 lives with an age-adjusted rate of 1.47 per 100,000 population. Based on hospital discharge data for the four-year period, fire/burn-related injuries accounted for approximately 2.2% of all inpatient hospitalizations and 1.8% all outpatient/ED visits.
- The total charges during 2003 to 2006 for inpatient hospitalizations and outpatient/ED visits were \$71 million. These charges do not account for lost productivity, property damage, higher insurance premiums/other financial costs to individuals, their families, their communities, and society as a whole.

Indiana Burn Facts...:

- Deaths from fires and burns are the fifth most common cause of unintentional injury deaths in the United States and the third leading cause of fatal home injury.
- Groups at risk for residential fires & those at greatest risk of sustaining fire-related injuries are adults age 65 years and older and children ages five years and younger; African Americans, American Indian/Alaska Natives; rural dwellers; persons living in substandard housing or manufactured homes.
- The CDC also has data showing that most residential fires occur in the winter months, and that approximately half of fire deaths occur in homes without smoke alarms.

Burn Prevention:

- Installation and maintenance of smoke alarms and sprinkler systems
- Education about prevention and first-aid management of burns
- Water temperature regulation
- Flame retardant fabrics

Data Sources: Injuries in Indiana, 2003-2006, ISDH Injury
Prevention Program; Centers for Disease Control Injury Center; Indiana
State Department of Health 2009 Firework-Related Injury Report, Jodi
Hackworth, MPH; Journal of Burn Care and Rehabilitation; Fireproof
Children & BIC Corporation: play safe! be safe! Program; Safe Kids;
Riley Hospital for Children Community Education and Child Advocacy;
Teach VIP; Advanced Curriculum Module 4; U. S. Consumer Product
Safety Commission